

OCTOBER 2017

SOCIAL MEDIA CALENDAR

Norman Smile Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 This ADA Dental Symptom Checker can help you identify the steps you can take for better oral health. See if your symptoms match the ones listed here! #LoveYourSmile http://www.mouthhealthy.org/en/symptom-checker# **Scheduled** 	3	4 Test your teen to see how much they really know about dental health. http://www.mouthhealthy.org/en/teens/fact-or-fiction 	5	6 Norman Smile Center thanks you for all of your referrals! #LoveYourSmile 	7
8	9	10 It's Tooth Truth Tuesday! Check out five fun facts about teeth. #LoveYourSmile http://www.mouthhealthy.org/en/fun-teeth-facts?source=promospots&content=topstories&medium=AmazingTeeth 	11	12 Most kids struggle with brushing on their own. Check out this toothbrush schedule to help your kiddos stay on the healthy track to a beautiful smile! #LoveYourSmile http://2min2x.org/downloads/brush-checklist.pdf 	13	14

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15	16 Two minutes is the recommended duration for brushing your teeth. Check out some of these fun, two minute videos that will help your kiddos pass the time. #LoveYourSmile http://2min2x.org/watch-brush/index.html 	17	18 Looking for a brighter smile? Visit our website or give us a call at 405-329-6603 to learn more about our teeth whitening options! #LoveYourSmile http://www.normansmilecenter.com/cosmetic-treatments/teeth-whitening/ 	19	20 Your smile is a part of who you are. Take this quiz to see how you can improve your smile with the help of cosmetic dentistry. #LoveYourSmile http://yoursmilebecomesyou.com/smilezone/smile-ig/ 	21
22	23	24 Norman Smile Center thanks you for all of your referrals! #LoveYourSmile 	25	26 Thumbs DOWN to thumbsucking. Learn more about how thumbsucking can affect your baby's smile in the future. #LoveYourSmile http://www.mouthhealthy.org/en/az-topics/t/thumbsucking 	27	28

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29	30	31	1	2	3	4
	Did you know sugarless gum can benefit your dental health? Check out this article on chewing gum and throw some in your Halloween basket tomorrow. #LoveYourSmile http://www.ada.org/en/member-center/oral-health-topics/chewing-gum 	Happy Halloween from Norman Smile Center! #LoveYourSmile 			Feel a post-Halloween cavity coming on? Check out the ADA Symptom Checker to see if your symptoms match the ones listed here! #LoveYourSmile http://www.mouthhealthy.org/en/symptom-checker# 	
5	6	7	8	9	10	11